

UBAH ACADEMY

HOT LUNCH		OCTOBER 25-26	PRICES: STUDENT - No Charge	
SERVED DAILY				
"Regular Entrée and/or Meatless/Vegetarian Alternate Entree" Fresh Veggies and/or Lettuce - Carrots, Broccoli, Cucumber, Tomatoes, Celery, and/or Romaine, Iceberg, Spinach, Hummus Low Fat Dressing/Dip Orange, Pear, Banana, Raisins, Craisins, Applesauce Cup, OR Assorted Fruit Juice Variety of Milk, including Skim				
Monday	Tuesday	Wednesday	Thursday	Friday
		Oct 1	Oct 2	Oct 3
		Chicken Shawarma	Pizza	Cheesy Breadsticks
		Steamed Rice		Marinara Sauce
		Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk
Oct 6	Oct 7	Oct 8	Oct 9	Oct 10
Cheeseburger	Chicken Quesadilla	Marinated Chicken Leg	Pizza	Chicken Patty Sandwich
Potato Wedges	Pinto Beans	Yellow Rice		Baked Chips
Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk
Oct 13	Oct 14	Oct 15	Oct 16	Oct 17
Beef Nachos	Chicken Tenders	No School	No School	No School
Pinto Beans	Steamed Corn & Roll			
Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk			
Oct 20	Oct 21	Oct 22	Oct 23	Oct 24
Chicken Patty Sandwich	Cheesy Breadsticks	Chicken Kabob	Pizza	Cheese Melt
Potato Wedges	Marinara Sauce	Yellow Rice		Baked Chips
Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk
Oct 27	Oct 28	Oct 29	Oct 30	Oct 31
Chicken Tenders	Pasta w/ Meatsauce	Chicken Quesadilla	Pizza	Cheeseburger
Steamed Corn & Roll	Garlic Breadstick	Pinto Beans		Potato Wedges
Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk	Salad, Veggies, Fruit, Milk
MENUS SUBJECT TO INFREQUENT CHANGE BASED ON AVAILABILITY OF ITEMS Note: Menus may use ingredients that contain nuts/seeds, milk, egg, soybean, and other products. All Done Right Food meals are Pork-Free. This institution is an equal opportunity provider.			Our Commitment "Healthy Food. Healthy Message" We provide wholesome, delicious, real food that helps teach the right message to children. ANY QUESTIONS? CONTACT: School Office or DONE RIGHT FOOD @ www.donerightfood.com	

UBAH ACADEMY

BREAKFAST		OCTOBER 25-26	PRICES: STUDENT - No Charge	
SERVED DAILY				
Fresh Fruit - Apple, Banana, Pear, Orange, Craisins, Raisins, Applesauce, Fruit Cup Fruit Juice - Apple, Grape, Berry, Strawberry Kiwi, Orange Variety of Milk, including Skim				
Monday	Tuesday	Wednesday	Thursday	Friday
		Oct 1	Oct 2	Oct 3
		Bagel w/ Cream Cheese OR	Waffles w/ Syrup OR	Cereal OR Cereal Bar
		Cereal Bar w/ Fruit Yogurt	Muffin w/ String Cheese	w/ Fruit Yogurt
		Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk
Oct 6	Oct 7	Oct 8	Oct 9	Oct 10
Cereal Bar OR Muffin	French Toast Sticks w/ Syrup OR	Pancakes w/ Syrup OR	Apple Frudel OR	Mini Loaf OR Cereal
w/ Fruit Yogurt	Cereal w/ String Cheese	Cereal w/ String Cheese	Cereal Bar	w/ String Cheese
Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk
Oct 13	Oct 14	Oct 15	Oct 16	Oct 17
Muffin OR Cereal	French Toast Sticks w/ Syrup OR	No School	No School	No School
w/ String Cheese	Cereal w/ String Cheese			
Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk			
Oct 20	Oct 21	Oct 22	Oct 23	Oct 24
Cereal Bar OR Muffin	French Toast Sticks w/ Syrup OR	Pancakes w/ Syrup OR	Apple Frudel OR	Mini Loaf OR Cereal
w/ Fruit Yogurt	Cereal w/ String Cheese	Cereal w/ String Cheese	Cereal Bar	w/ String Cheese
Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk
Oct 27	Oct 28	Oct 29	Oct 30	Oct 31
Muffin OR Cereal	French Toast Sticks w/ Syrup OR	Bagel w/ Cream Cheese OR	Waffles w/ Syrup OR	Cereal OR Cereal Bar
w/ String Cheese	Cereal w/ String Cheese	Cereal Bar w/ Fruit Yogurt	Muffin w/ String Cheese	w/ Fruit Yogurt
Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk	Fruit/Fruit Juice, Milk
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